Facilitator Self-Assessment

Name: _____ Date: _____

How am I doing at building relationships?

Here are categories that will help you answer this question. Only you are To answer these, there is no right or wrong response.

How effectively are you actively listening to others without letting your opinions interfere with what they say or do? SCALE 1 2 3 4 5

How well are you able to show respect for others when they disagree with you or you with them? 1 2 3 4 5

How capable are you at giving up the need to have control of a conversation or a group to affect a more positive result? 1 2 3 4 5

How effective are you in dealing with conflict? 1 2 3 4 5

How effective are you in confronting a difficult or controversial situation? 1 2 3 4 5

How effective are you at speaking in front of a group? 1 2 3 4 5

To what extent are you able to laugh at yourself? 1 2 3 4 5

How effective are you in thinking on your feet? 1 2 3 4 5

How able are you to seek out, consider, and gain value from the feedback of others? 1 2 3 4 5

How able are you to accurately assess the effectiveness of your facilitation of an individual or group in the moment? 1 2 3 4 5

My Average Score Is: _____